



PARK-HOTEL  
*Egerner Höfe*  
ROTTACH-EGERN

*feel-good moments*  
AT EGERNER HÖFE BEAUTY & SPA



RELAIS &  
CHATEAUX

„Happiness exists only in moments.  
My team and I create the feel-good moments  
at the Egerner Höfe.  
This is the secret of beauty: feel good and be happy.“

Katrin Forberger heads the Beauty & Spa division.

## *Bavaria in its most beautiful form.*

Dear guests and friends of Egerner Höfe Beauty & Spa,  
when was the last time you did something just for yourself?  
How long has it been since you've been really spoiled?  
Isn't this the right moment to treat yourself to some "me-time"  
and enjoy it with all your heart?

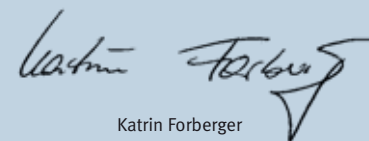
Take a deep breath.

Let our beauty and spa team spoil you.  
Enjoy first-class cosmetic treatments with the exclusive products of  
GERTRAUD GRUBER, BABOR and BYONIK.

Whether you take advantage of the package offers that we present  
to you in this brochure, or create your own relaxation programme together with us –  
we wish you a relaxing time in the Egerner Höfe.

We would be pleased to consult you in person on our premises  
or on the phone under the number  
+49 80 22/666-505 or by mail [beauty-spa@egerner-hoefe.de](mailto:beauty-spa@egerner-hoefe.de).

We are looking forward to seeing you!



Katrin Forberger  
Head of the Egerner Höfe Beauty & Spa

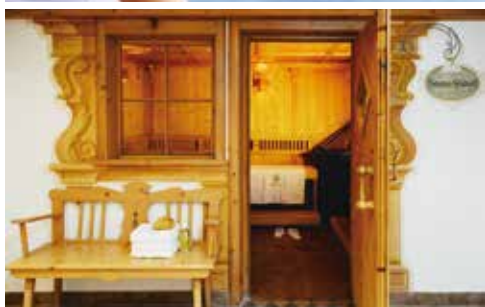
Cover:  
chris tille  
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**BYONIK**  
BEAUTY BIOTECHNIK

GERTRAUD  
GRUBER  
KOSMETIK

**BABOR**





## *Sensual. Refreshing. Relaxing.*

The spa of the Egerner Höfe is a place of relaxation and peace.

Here, we care for you in a very personal and cordial way, as we do everywhere in the hotel.

We attach great importance to absolute privacy in the treatment rooms.

All treatments are accompanied by teas from GERTRAUD GRUBER Kosmetik.

Highly qualified beauticians and masseuses who work exclusively in their fields of expertise, treat you with the utmost professionalism, kindness and care.

You will enjoy your stay in our comfortable rooms in every way – and afterwards, you will feel like a newborn person.



### OPENING HOURS

Beauty & Spa:

Monday to Saturday 9.00 - 18.00 h,

Sunday 9.00 - 13.00 h

Bathing and sauna landscape:  
daily 7.00 - 22.00 h

Sauna operation daily from 14.00 h  
(also open in the morning on request)

Fitness in our Sportalm in the park:  
daily 7.00 - 21.00 h

For our  
female Guests:  
Own  
women's  
sauna



### BYONIK AGE REPAIR – FOR THE HIGHEST DEMANDS

As we get older, important cell processes that are responsible for youthful and firm skin slow down. Soft laser light, highly effective hyaluronic gel and the delicate hands of your beautician make your skin look years younger.

#### THE RESULTS:

Visible reduction of wrinkles and fine lines, even complexion, refinement of pores, increase in skin volume, more vital appearance, firmer skin, improvement of the skin's moisture content.

Facial treatment, approx. 60 minutes **159 Euro**

Additional application on neck or décolleté, approx. 30 minutes **49 Euro**

**Book 3 treatments on 3 days and get a free décolleté treatment!**  
worth 49 euros!

**BYONIK**  
BEAUTY BIOTECHNIK



### FACE & DÉCOLLETÉ TREATMENTS

**Classic facial treatment according to Gertraud Gruber**  
with natural products including day make-up, 75 minutes **89 Euro**

**Classic facial treatment according to Babor**  
with natural products including day make-up, 75 minutes **105 Euro**



### OUR MEN'S SPECIAL

**Gives new strength and energy**

The special products from Gertraud Gruber or Babor give your skin more vitality and freshness with their stimulating fragrance. A soothing facial massage rounds off the treatment, 60 minutes from **65 Euro**

## SEA CREATION – LUXURY THAT GETS UNDER YOUR SKIN

The combination of particularly exquisite active ingredients from the depths of the oceans and a perfect, exclusive treatment makes the skin look incomparably smooth, firm and youthful. At the same time, the treatment creates perfect inner balance, floating lightness and, through the activated energy systems, the glow of radiant beauty.

### UNFORGETTABLE, EFFECTIVE BEAUTY-EVENT

Treat your skin to a luxurious expedition – with highly effective ingredients from the depths of the oceans.

The highly concentrated serum, drawn from the Tigris shell and the exclusive cream that is massaged into your skin with warm obsidian and cooling coral stones, as well as two intensive masks make the skin appear firmer, smoother and more youthful.

approx. 90 minutes **235 Euro**



## HIGH SKIN REFINER - HSR®

HSR® lifting is a luxurious anti-wrinkle care for every skin type. It counteracts the most important causes of wrinkle formation: loss of substance and elasticity, slowing of metabolic activity in the tissue and matrix hardening of the dermis. Five High-performance active ingredients in perfect combination work against a wide variety of wrinkles and loss of elasticity.

### HSR® LIFTING TREATMENT

The exclusive HSR® treatment method stands for effective, luxurious lifting – comprehensive against any kind of wrinkles. Young beauty for long time! With the unique HSR® Lifting Integral Complex, wrinkles are highly effectively reduced.

75 minutes **105 Euro**

## REVERSIVE

Rejuvenate your skin and be inspired by your new radiance, smoothness and evenness.

### TOMORROW MORE BEAUTIFUL THAN YESTERDAY

ReVersive is an innovative anti-aging series with Re-YouthComplex, which preserves the individual beauty of your skin and makes small imperfections disappear visually. In combination with the delicate hands of your beauticians, this RE-YOUTH COMPLEX with its visible instant smoothness effect keeps the cells young for longer, activates them and ensures more luminosity and radiance. At the same time, the stress resistance of the cells is increased, discolorations and unevenness are reduced.

75 minutes **145 Euro**



## AMPULSES

### TOMORROW MORE BEAUTIFUL THAN YESTERDAY

Experience how up to 5 ampoules are massaged in one after the other in one treatment and how you can quench your skin's thirst. The success of the treatment speaks for itself!

As additional care to a treatment

15 minutes **20 Euro**

As a short, small intensive treatment with cleansing, peeling, ampoule crash cure and final care

30 minutes **49 Euro**







### ADDITIONAL TREATMENTS

For the face: Give your eyes  
an irresistible expression!

Brow tint **11 Euro**  
Eyelash tint **17 Euro**



### MAKE-UP

Day make-up **from 19 Euro**  
Make-up tips and make-up **from 33 Euro**  
Bride make-up incl. trial make-up **58 Euro**

#### Permanent Make-up

Who wouldn't like this: to be perfectly styled as soon as you get up.  
The secret: contour make-up by our experienced specialist Martina Kretschmer.  
It gives your eyebrows, eyelids or lips a natural and lasting expression with pure  
vegetable colour. Individual and free consultation in advance.

Prices and dates after arrangement with Mrs. Kretschmer, telephone: +49 171/632 00 25

### CLASSIC MESSAGES

partial body massage with aromatic oil  
30 minutes **from 46 Euro**

full body massage with aromatic oil  
40 minutes **from 59 Euro**  
60 minutes **from 79 Euro**

partial body lymphatic drainage  
30 minutes **from 49 Euro**

body lymph drainage  
60 minutes **from 79 Euro**

foot reflex zone massage incl. foot bath  
45 minutes **from 55 Euro**

You are also welcome to enjoy your massage in your room.  
Bookable from category double room Premium.



### BATHS

Whey protein bath, 15 minutes **17 Euro**  
Cleopatra bath with milk and aromatic oils, 20 minutes **27 Euro**  
Softpack couch, 10 minutes **10 Euro** 30 minutes **25 Euro**

*The Softpack couch is comparable to a thermal waterbed.  
Relaxing on the softpack couch is a heavenly way to relax and forget your everyday worries.  
We also recommend at the beginning or at the end of massages.*



**BODY – BABOR SPA**  
**OPENS UP THE SELF**



**BABOR SPA** celebrates the art of touch and creates an experience that goes far beyond mere indulgence.

**SHAPING FOR BODY** – Modeled by my self.  
 These effective treatments with innovative textures form a seductive, refined silhouette and firm the skin.  
 Effective. Tightening. Contour-improving.

**ENERGIZING LIME MANDARIN** – Awakens my I.  
 Awakens your senses and gives your skin vitality.  
 Invigorating. Vitalizing. Refreshing.

**RELAXING LAVENDER MINT** – Relax my self.  
 Caresses your skin and gives perfect inner peace.  
 Relaxing. Gently. Soothing.

**BALANCING CASHMERE WOOD** – Strengthens my self.  
 Gives you inner strength and more resistant skin.  
 Protective. Strengthening. Balancing.

Choose & combine:

peeling, package  
 30 minutes **46 Euro**

feel-good bath  
 15 minutes **20 Euro**



## WELLNESS TREATMENTS FOR YOUR BODY

### Chi-Yang – the energy flow massage

This treatment comes from Traditional Chinese Medicine. It dissolves energy blockades and provides a holistic relaxation and harmonization, 75 minutes **98 Euro**

### Ayurasan Method – Body & Face

An excursion to the holistic cosmetic paradise of Ayurveda. Gentle grips caress body, mind and soul and bring you back to your original balance, 90 minutes **110 Euro**

### Cranio Sacral Treatment

A gentle treatment method that detects and corrects blockages and tensions in the body, 75 minutes **98 Euro**

## RELAXING BODY TREATMENTS

with products by Gertraud Gruber

Meridians brush massage **19 Euro**

Body pack **25 Euro**

Body peeling **23 Euro**

Meridian brush massage, bath and body pack **59 Euro**

Body peeling, bath and body pack **62 Euro**



## HAND TREATMENTS

Give us your little finger – then we'll take care of the whole hand!

Care manicure and varnish **35 Euro**



## FOOT CARE

You carry your feet through life every day. Give something good back to them.

Medical foot care with foot peeling, foot bath and varnish **52 Euro**



## 1-DAY PROGRAMS

### OUR DAY SPA WITH PRODUCTS BY GERTRAUD GRUBER

Let yourself be spoiled for a whole day  
(10 a.m. to approx. 5 p.m. by appointment).

Body peeling, relaxation bath, light lunchtime snack with a glass of champagne, classic facial treatment, exquisite eye treatment, full body massage with aromatic oil, Use of our wellness area (including bathrobe and slippers for hire), a day make-up and hair styling in the Hofstetter Salon at the end of the day.

Per person **195 Euro**



### OUR BYONIK DREAM DAY

Sit back. Relax, relax. We do everything else.  
(10 to approx. 17 o'clock/appointment by arrangement)

Beauty welcome drink, body peeling, purification bath, foot reflex zone massage, light lunchtime snack with a glass of champagne, body lymph drainage, byonic treatment. Use of the wellness area (including rental bathrobe and shoes), hair styling in the Hofstetter salon at the end of the tour.

Per person **299 Euro**



### WITH OVERNIGHT STAY

Let your day of comforting end with a regional Alpine 4-course menu of your choice in our restaurant. Stay overnight in one of our noble alpine rooms or suites and enjoy our exquisite breakfast buffet until 11 am the next morning.

For enquiries and reservations call +49 8022/666-500 or [reservierung@egerner-hoefe.de](mailto:reservierung@egerner-hoefe.de)





### THREE-DAY PROGRAM FOR HIM & HER

#### „Pure relaxation“

Classic facial treatment, care manicure, body peeling, relaxation bath and Chi Yang energy flow massage.

3 nights in a single room per person from 815 Euro

3 nights in a double room with double occupancy per person from 710 Euro

3 nights in a suite with double occupancy per person from 1.202 Euro



### SEVEN-DAY PROGRAM FOR YOU

#### „Luxury Week“

5 facial treatments with individual facial massages, exquisite eye pack, eyelashes and eyebrows tinting, care manicure with varnish, arm pack, foot pack, meridians brush massage, body peeling, 2 relaxation baths, 2 body packs, full body massage with aromatic oils, back massage, Ayurasan - body and face massage and 15 minutes soft pack couch.

7 nights in a single room per person from 1.981 Euro

7 nights in a double room with double occupancy per person from 1.680 Euro

7 nights in a suite with double occupancy per person from 2.807 Euro

## *Sporty. Active. Individual.*

### COIFFEUR – E. HOFSTETTER

Directly in the house: we are creative, experienced and entirely there for you. Convince yourself during a visit to our salon. Also here, you will find a very special feel-good atmosphere. Whether ladies or gentlemen, short or long hair, highlights or tints:

Evelyne Hofstetter advises you holistically and in accordance with your type.

– also for festive updo and bridal hairstyles.

We use top products from Biosthetik and L'Oréal!

Telefon +49 80 22/666-504.



### YOUR SPORTS PROGRAM

In our fitness studio in the Sportalm, you have a wide range of equipment at your disposal to pursue your personal sports programme even during your stay with us.

The Sportalm offers modern facilities and equipment.

We will be happy to advise you on the telephone number +49 80 22/666-505.





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